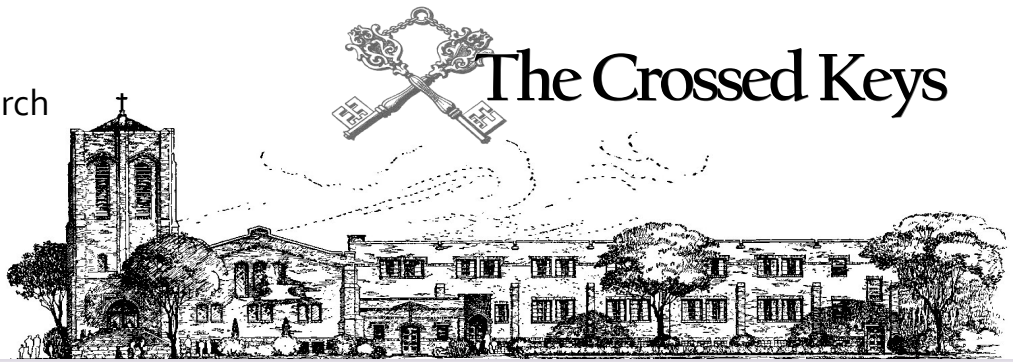


St. Peter's Episcopal Church
1 South Tschirgi
Sheridan, WY 82801



The Crossed Keys

A word from Fr. John Inserra

Email: frjohn@stpeterssheridan.com Cell: 763-3220

A few things to note at St. Peter's

Stewardship – This month stewardship letters and pledge cards will be mailed to you. Please be generous as St. Peter's relies on the grace of God as demonstrated through your generosity to continue the 102 year old work of glorifying God in Sheridan. You are an agent of God's grace in this process, and I thank you for your generosity.

Bishop Smylie's Pastoral Letter to the Diocese – On November 9th pastoral letter from our Bishop, John Smylie, to the congregation. Other clergy around the Diocese will all be doing the same. The Bishop wants to address the reality of same-sex marriage being legal in Wyoming as it pertains to the life and ministry of the Diocese. I can personally say the Bishop is aware of how divisive this issue is and that clergy and people stand on each side of the issue within the Diocese, aside from that I have not seen the letter and do not know what it will say.

Family Service – The Family Service continues in the chapel at 9am on Sundays. I want to address a few questions about the service in this space.

1) The Family service is not mandatory for anyone, if someone feels more comfortable at 7:30 or 10am, go to that service. If a family feels more comfortable at 9am, then that is great.

2) Children are not banished from the 10am service. Some have mentioned they missed the children at the 10am. We will find ways to incorporate them as we move closer to Advent and the Christmas season, but we wanted to give each family that desired it a chance to see which service they wanted to go to.

3) The Family Service is ultimately an outreach into the community for families/children with little to no church connection. To begin the service, a group from this church has come together to be a part of it and that is more than appropriate as you cannot start a service entirely with people who are outside the church. This is an environment where our young families can begin to build community with the intent of welcoming unchurched families into that community. It is a work in progress and may change over time as the needs arise but this is the ultimate long term goal of the service.

Change in time for Thanksgiving Day service – On Thanksgiving Day, November 27th, we will have a simple service at 10:30am in the church. The change in time is to accommodate anyone who will participate in the Turkey Trot.

Convention Delegates for 2015 needed – If anyone is interested to go to Diocesan Convention October 2-4 in Evanston, Wyoming please let me know. Due to our bylaws the delegates must be elected at our Annual Meeting in January so the decision needs to be made 9 months in advance. In the past people have expressed an interest to go but have not been aware that they needed to get their name in so early. If you have an interest in going, please let me know so you can be on the ballot in January.

John +

Last month I shared with you the first part of an article by Cara Powell adapted from *The Sticky Faith Guide for Your Family*. Here is the second part. I hope it provides useful material for you to consider as you think about how to strengthen faith in your family.

--John

Sticky Ideas

In order to understand how creative families are embodying these three findings, we interviewed 50 amazing parents nationwide. Their ideas inspired and encouraged us, and we hope they do the same for you. Here are just a few:

Same Time, Same Place

Of the parents we interviewed, the majority were most successful in carving out time with the Lord when they found a consistent rhythm. Same time. Same place. Every day. Or at least most days. Even if it wasn't daily, it was consistent. One busy executive found it challenging to carve out time with the Lord on weekdays, so he spent an hour reading the Bible and praying first thing every Saturday morning. While he wished he spent such focused time with God more frequently, he rarely missed his Saturday routine.

Personally, I double my chances of working out if I plan the day before when I'll make it to the gym. I triple those chances if I put on workout clothes as soon as I get out of bed. For many Sticky Faith parents, identifying a consistent time and place similarly increases the likelihood of developing their spiritual muscles.

A Running Conversation with Jesus

While regularly scheduling time to pray, read Scripture, and meditate is hard, I find a second practice of some parents even more challenging. And convicting. Several parents we interviewed found great spiritual strength by maintaining a regular conversation with Jesus. They would comment that they "pray all the time" and maintain a "regular conversation with Jesus" in the midst of work and family responsibilities. As one parent described, "Whatever happens during my day, I keep my conversation going with the Lord."

Some parents find that praying some or all of the "daily office" of fixed-hour prayer (common in Anglican and Roman Catholic traditions) helps pace their day with "God pauses." Whether on their smartphone or in a book, these excerpts from scripture and the prayers of others can be a catalyst for ongoing conversation with God.

In talking with these parents, I don't sense that they do this because it's merely a good idea. To them, it's like a spiritual oxygen mask, helping them stay calm and breathe when they hit turbulence.

A Day a Quarter

Cliff, a dad of two teenagers, has found he connects with God best when he isn't rushed or preoccupied with his next meeting. So Cliff sets aside a day each quarter as his time away with God. Grabbing his Bible, a few books, and a lunch, he heads to a nearby park, lake, restaurant, or friend's vacant house for the day. (Cliff lives in Minnesota, so the time of year makes a big difference in where he holes up.) These quarterly days are Cliff's lifeline, enabling him for the next three months to be the disciple, leader, husband, and dad that he longs to be.

Praying with Your Calendar

If your calendar seems too full for any of these ideas, perhaps prayer itself is the solution. Abigail, a mom with college-age sons, has found that taking time to pray actually gives her more time to pray. How does that time-math work? When Abigail prays with her calendar in front of her, the Lord often gives her a sense of what is most important. As a result, she inevitably eliminates some of the items crowding her to-do list. Prayer helps Abigail become more able to identify those tasks that can wait, or even better, don't need to be done at all.

Continued top of page 3....

Community as a Portal for Spiritual Growth

Many parents we interviewed mentioned the catalytic role of others in their own spiritual growth - particularly close friends, mentors, and fellow members of Bible studies or small groups. When parents' frustration or fatigue makes them blind to God's vision for their lives or families, it's often others who show them the way. As with other ideas that further spiritual growth, these relationships almost always take planning. One single parent makes double dinner every Wednesday night, carefully placing extra plates in the refrigerator with her kids' names on them, so she can make it to her Thursday night small group. That additional work is worth the payoff that comes from spiritually rubbing shoulders with other women every week.

Our Family's Steps toward Sticky Faith

Take a few moments on your own, or with your spouse, your friends, or your small group, to reflect on some potential next steps toward Sticky Faith.

Sticky Findings

On a scale of 1 to 5 (with 1 being "we stink at this" and 5 being "we rock at this"), rate your family on the research findings shared above.

- 1. I myself have the vibrant faith I hope my kids will have as adults.
1 2 3 4 5
- 2. My kids observe me living out my faith in our home and community.
1 2 3 4 5
- 3. I make the cultivation of my faith a priority in my schedule.
1 2 3 4 5

Sticky Ideas

- 1. What are you already doing that is helping you model faith in front of your kids?
- 2. Given your ranking of the findings in the previous section, as well as the ideas you've read in this chapter, what one or two changes might you want to make in your family?
- 3. What can you do in the next few weeks or month to move toward these changes?]]

=====

St. Peter's has needs within our church. Please review the following form. This will be placed in the Sunday Bulletins as an insert for a few weeks to enable those who would like to serve do so.

**ECHO
Episcopalians Connect by Helping Others**

Galatians 5:13-14 For you were called to freedom, brothers and sisters. Only do not use your freedom as an opportunity for the flesh, but through love serve one another. For the whole law is fulfilled in one statement: "You shall love your neighbor as yourself."

Mission Statement:

A group of St. Peter's volunteers have prayerfully come together to assist other members of St. Peter's with occasional needs.

The purpose of ECHO is to offer 'handyman' services to members of the congregation which could include anything from changing a light bulb to small carpenter projects, running errands or grocery shopping. This could also include needed meals due to illness or unusual circumstances.

I would like to be an ECHO volunteer.

I can help with:

- ___light manual labor
- ___small carpenter projects
- ___errands
- ___light household chores meals
- ___meals
- ___other(be specific) _____

Name _____

Phone # _____

(Please return to Church Office or Offertory plate)

Your name and phone number will be placed on a database in the church office.



Meeting: November 19, 2014 6:00 pm
In the Conference Room.

From the Vestry

Hello,

For some reason, guilty conscience I guess, I have been focused on the reading from Jonah 3 that served as the First Lesson on September 21. I so understand how Jonah felt when the Lord changed His mind about the punishment He had planned to mete out to the people of Nineveh. In order to avoid seeing the inevitable, Jonah fled to Tarshish, wound up in the whale, and – well, you know that story.

There have been many times I have wanted to “go out of the city” like Jonah when I’ve seen someone succeed when they’ve done nothing to deserve it. Or why have folks who’ve lived life as good, prayerful people had misery handed to them again and again? I just have trouble understanding this. I have worked hard to create a generosity of spirit in my heart, but doggone, it is hard, and I sometimes fail.

In the prayer Christ taught us, we pray, “Forgive us our trespasses as we forgive those who trespass against us.” I couldn’t help but see a connection with Jonah and his feelings for the people of Nineveh. God does forgive us, even though we are slow with our forgiveness. “The Lord is gracious and full of compassion, slow to anger and of great kindness.” Ps. 158:8. I guess I am an unfinished piece of clay, so I’ll continue working to be more understanding and forgiving.

It’s interesting how sometimes the Lessons and Sermons hit us so very personally.

On Another Note:

It will soon be that time of year when the Budget Committee begins to meet to plan ahead for 2015 and beyond. Led by Dan Alsup, this Committee has done amazing work to keep St. Peter’s in good financial stead.

In the next few weeks, your Rector, Vestry members and Budget committee will be coming to you for financial support in the form of your Annual Pledge. Please, prayerfully consider your contribution for the coming year. “But who am I, and what is my people that we should be able thus to offer willingly? For all things come from You, and of Your own have we given You.” 1 Chronicles 19:14. Please help St. Peter’s flourish.

Peace,

Sharon Bedard
Senior Warden



Packing Day: Sunday,
November 9 - following the
10am service

The Blessing: Sunday,
November 16 - following the 9
& 10 am services

Bring already packed box(es) to the Packing Day. Everyone is welcome! The receiving deadline is Sunday, Nov 16. \$7.00 donations is another support effort...for shipping costs, if you’d like to contribute.

Gift Suggestions

School Supplies: Pens, pencils & sharpeners, crayons or markers, stamps & ink pad sets, writing pads or paper, solar calculators, coloring & picture books, etc.

Toys: Small cards, balls, dolls, stuffed animals, kazoos, harmonicas, yo-yos, jump ropes, small Etch A Sketch, light up toys with extra batteries, etc.

Hygiene Items: Toothbrush, toothpaste, mild bar soap (Ivory) in a bag, comb, washcloths, etc.

Other: T-shirts, socks, ball caps, sunglasses, hair clips, toys, jewelry, watches, flashlights (with extra batteries).

A Personal Note: Enclose a note to the child or personal or family photo, your address for correspondence.

Please DO NOT include: Used or damaged items, war-related (guns, knives, military figures), chocolates or food: liquids, lotions, or breakables (snowglobes), glass containers, aerosol cans, etc.

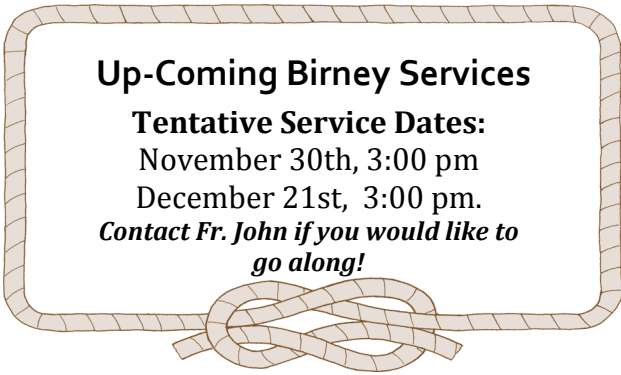
Up-Coming Birney Services

Tentative Service Dates:

November 30th, 3:00 pm

December 21st, 3:00 pm.

Contact Fr. John if you would like to go along!



St. Peter's Christmas Bazaar Saturday, November 22, 2014



Doors open at 8 am – 2 pm,

Lunch from 11 am – 1 pm

Please consider the following items to donate.

- homemade delectables
- candies, fudge, cookies
- crocheted and knitted items, quilts, aprons, towels
- collectibles, antique pieces and small furniture
- all jewelry – necklaces, earrings, rings, bracelets
- ornaments (new and handmade)



UNITED THANK OFFERING

The United Thank Offering is a personal and family devotional program of the Episcopal Church. It is the sum of our daily thanks for the blessing in our everyday lives — for good weather, happy times, job opportunity, and unexpected visits— there are so many things for which we can be thankful. At the very least, we can be thankful to God for blessings and take action by putting coins in the Blue Box. Twice a year you are asked to bring the amount of your daily thanksgiving for an ingathering, where it is combined with the offerings of hundreds of thousands of other Episcopalians to become the United Thank Offering.

St. Peter's ingathering day is Sunday, November 16th, don't forget to bring in your blue donation box.

The Peters Educational Fund

The Peters Ed Fund is accepting loan applications for higher education. You may contact the church office for information.

Nursery Schedule Nov – Dec 2014

- 11/02 Tobie & Kate Alsup
- 11/09 Michelle & Maya Fritz
- 11/16 Carol Clark & Cheryl Farman
- 11/23 Eric & Danae Brandjord
- 11/30 Tobie & Kate Alsup
- 12/07 Carol Clark & Cheryl Farman
- 12/14 Michelle & Maya Fritz
- 12/21 Carol Clark & Cheryl Farman
- 12/28 Eric & Danae Brandjord



We will serve lunch from 11 am – 1 pm. The menu will include lasagna (beef, chicken, vegetable), Caesar salad, homemade bread, pie and beverages. The luncheon is possible only because all of you contribute so graciously – please see the sign-up sheets in the parish hall for listing of lasagna and pies and for recipe information**. Tobie Alsup and Carmen Rideout will again chair the luncheon.

All the women of St. Peter's should be very proud of our bazaar. The money raised is given to many charitable organizations in Sheridan and around the world. You are an important part of the bazaar and we need your help to achieve our goals. Let us pull together to make this year's bazaar another great success!

FYI: There is still a need for quality items to be used in the Silent Auction. Please contact Linda Ernst.

If you have any questions/ideas/comments, please contact Linda Ernst (672-2293), Kathy McNickle (752-5745) or Karon in the church office (674-7655).

** Please use a disposable pan for your baked items. The lasagna may be frozen but must be cooked.



St. Peter's Ministry Schedule

November Vestry Greeter: Phil Dorsch

	Lay Readers	LEM's	Ushers	Acolytes
November 2 26 Pentecost	7:30 Forrest & Sandy Asmus 10:00 Mike & Mary Beth Evers	A: Juanita Smith B: Daracott Vaughan C: Juanita Smith D:	Robert & Jodene Prusak Mary Dailey Lois Hall	Bobby St. John Joe Eisenach
November 9 27 Pentecost	7:30 Sharon Bedard 10:00 Isabel Wallop Linen Greenough	A: None B: Jeannene McKnight C: Juanita Smith D:	Frank & Georgia Boley Jim & Barbara Benepe	Bobby St. John Joe Eisenach Kate Alsup
November 16 28 Pentecost	7:30 Holland Duell 10:00 Stan & Shari Peddicord	A: None B: Juanita Smith C: Juanita Smith D:	Rick & Carolynn Dowdy Chris & Laura Galloway	Nate Haworth Joe Eisenach Maya Fritz
November 23 29 Pentecost	7:30 Sharon Bedard 10:00 Darracott & Anne Vaughan	A: None B: Donna Kuehne C: Juanita Smith D:	Sharon Tracy Dorothy Goodwin Frank Smedley Sherri Wheelock	Joe Eisenach Aria Heyneman Quinn Heyneman
November 30 1 Sunday of Advent	7:30 Linen Greenough 10:00 Paul Haworth Lee Helvey	A: None B: Juanita Smith C: Juanita Smith D: Westview: Linen Greenough	Sandy Tharaldson Mary Lee Stopka Darracott & Anne Vaughan	Joe Eisenach Aria Heynemen Quinn Heyneman




**Thanksgiving Service: Thursday, Nov. 27
 (10:30 AM) 🌿 Roberta Thompson Reader**

For any questions or changes contact Juanita Smith at 673-4938.



Calendar Of Events November 2014

HE: Holy Eucharist * FS: Family Service * HS: Healing Service * SRS: Sugarland Ridge * WBS: Women's Bible Study

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 7:30 HE 9:00 FS 10:00 HE	3 Handbell Practice 6:30	4 10:00 HS 12:00 WBS 1:00 SRS	5 Women of St. Peters 9:00 a.m.	6 Red Door 10-3 Choir 7 pm	7	8
9 7:30 HE 9:00 FS 10:00 HE 5:30 PM	10 Handbell Practice 6:30	11 10:00 HS 12:00 WBS 1:00 SRS	12 St. Nick's Crafters 9:00 a.m.	13 Red Door 10-3 Choir 7 pm	14	15
POTLUCK						
16 7:30 HE 9:00 FS 10:00 HE	17 Handbell Practice 6:30	18 10:00 HS 12:00 WBS 1:00 SRS	19 St. Nick's Crafters 9:00 a.m. Vestry 6:00 p.m.	20 Red Door Closed Choir 7 pm	21	22 Holiday Bazaar  Open 8a-2p Lunch 1 pm \$6 a plate
	Bazaar Week....		Set-Up tables & prep @ 9am	Decorate the Parish Hall 9am	Display Items 9am-6pm	
23 7:30 HE 9:00 FS 10:00 HE	24 Handbell Practice 6:30	25 10:00 HS 12:00 WBS 1:00 SRS	26 St. Nick's Crafters 9:00 a.m.	27 10:30 AM Thanksgiving Service  Offices are closed	28 Offices Closed	29
30 7:30 HE 9:00 FS 10:00 HE  8:30 am			Mary Carson will be providing lunches on Wednesday, Thursday, and Friday, for all workers and helpers during the bazaar set-up. Thank you Mary!!!			

ST. PETER'S EPISCOPAL CHURCH
ONE SOUTH TSCHIRGI STREET
SHERIDAN, WY 82801



St. Peter's Staff

Gail Boyer: Parish Administrator (674-7655)
Karon Keahey: Parish Secretary (674-7655)
Suzie-Schatz Benson: Music Coordinator (763-0525)
Jeannene McKnight: Organist
Kathy McNickle: Pianist

Using Your Gifts and Talents St. Peter's Choir & Handbell....The Music Ministry is a vital part of our 10:00 Worship Service. If you are interested in joining one or both contact **Suzie Schatz-Benson**.

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St. Peter's Office Hours: 9:00 am to 2:00 pm - Monday thru Friday

Generally someone is in the church until 4:00 pm. If the doors are locked a door bell is available at the main entry. Also, if you are not receiving your Crossed Keys or Sunday Bulletin via E-mail, please notify the office. Or, if you would like to sign-up for one or both call the office. Thank You!

Email: stpeterssheridan@gmail.com Office Phone #: 674-7655